

**APPENDIX A**  
**DATA PROCESSING BY EIS DISCIPLINES AND EIS SERVICES**

EIS DISCIPLINE	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
DOCTORS	Medical records	<p>EIS doctors provide medical care for injuries and illness to athletes.</p> <p>Solutions require accurate diagnoses, careful clinical examination and experience and knowledge of sport specific movement patterns.</p> <p>Sports medicine impacts performance in numerous ways because it enhances athletic performance, assists the development of training programme, supports injury prevention and management and of course identifies and treats any underlying conditions that may be impairing sports performance.</p>	<p>All doctors licensed to practice in the UK do so under the regulations of the General Medical Council (GMC). The GMC holds doctors responsible to protect the confidentiality of patients' records and this includes athletes in the EIS.</p> <p>Your EIS doctor and CMO of your sport will adhere strictly to the guidance of the GMC and will discuss with you, whenever appropriate, should medical information need to be shared on you with others inside or outside sport.</p>
EIS DISCIPLINE	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
Physiotherapy and Soft Tissue Therapists	<p>Physiotherapy assessment and treatment records</p> <ul style="list-style-type: none"> <li>○ Consent forms for specific treatment techniques (e.g. cervical manipulation, acupuncture)</li> <li>○ Physiotherapy screening information</li> </ul>	The challenge of maintaining athlete health in the context of intense physical, physiological and psychological stress is a critical determinant in elite sport. Highly trained	Physiotherapists have a professional and legal obligation to keep an accurate record of their interaction with their patients (athletes). It is therefore essential that all

	<ul style="list-style-type: none"> <li>○ Injury prevention exercise regimes</li> <li>○ Rehabilitation plans / programmes</li> <li>○ Individual athlete performance plans</li> <li>○ Letters from medical consultants</li> <li>○ Email communications</li> <li>○ Insurance disclaimer paperwork required for team travel to North America</li> <li>○ Classification portfolios (for Paralympic athletes)</li> <li>○ Photos / video footage</li> <li>○ Injury, Illness, wellbeing and training data</li> </ul>	<p>physiotherapists at the EIS are embedded within the performance environment, working closely with athletes and coaches to minimise the threat of sustaining injury and optimise athlete recovery.</p> <p>Soft tissue therapists utilise a range of treatment modalities and is frequently used as a complementary modality within the wider training and competition recovery strategy under the guidance of the physiotherapy team to influence tissue mobility. Working collaboratively in the performance team, soft tissue therapists help minimise the amount of time lost to injuries and maximise the availability of athletes to train and compete.</p>	<p>physiotherapy interventions and treatments must be recorded accurately and with sufficient detail to satisfy legal requirements</p> <p>Where applicable, you may be entitled to physiotherapy services for a limited period of time following your departure from the World Class Programme (this will normally be up to 3 months) and your data will continue to be processed by EIS during this period.</p>
EIS DISCIPLINE	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
Strength & Conditioning	<ul style="list-style-type: none"> <li>○ Testing, assessment and monitoring data</li> <li>○ Training programmes including performance, injury prevention and rehabilitation</li> <li>○ Training exposure data including load monitoring</li> <li>○ Annual and quadrennial overview plans</li> <li>○ Individual athlete performance plans</li> <li>○ Email communications</li> <li>○ Meeting and athlete review notes</li> </ul>	<p>The role of the strength and conditioning team is to use exercise prescription specifically to improve performance in athletic competition. They also help athletes with injury prevention and proper mechanics within their sports performances</p>	<p>All S&amp;C interventions and programmes must be recorded accurately and with sufficient detail to satisfy the Home Country Sports Institute Code of Conduct around record keeping</p>

	<ul style="list-style-type: none"> <li>○ Athlete, squad and sport reports of training</li> <li>○ Competition and race day preparation strategies</li> <li>○ Travel, camp and competition schedules, plans and strategies</li> <li>○ Normative squad and sport data</li> <li>○ Photos and video footage</li> <li>○ Anthropometric data including body mass</li> <li>○ Athlete injury and illness status including long standing conditions such as diabetes etc</li> <li>○ Gym inductions and access documentation</li> </ul>	<p>Strength and Conditioning encompasses the entire development of the athlete and what is needed to improve physical performance. This includes plyometrics, speed and agility, endurance and core stability with strength training being just one piece of the jigsaw.</p> <p>Once the specific strength qualities have been identified, they are measured and tracked to ensure that the strength and conditioning programme is being effective and achieving its goals.</p>	
EIS DISCIPLINE	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
Physiology	<ul style="list-style-type: none"> <li>▪ Physiological profiles</li> <li>▪ Training data</li> <li>• Programming &amp; prescription</li> <li>• Monitoring</li> <li>▪ Performance data</li> <li>▪ Haematology &amp; biochemistry</li> <li>▪ Consent forms, including health and well-being</li> <li>• Medication</li> <li>• Menstrual cycle</li> </ul>	An EIS sports physiologist seeks to understand the physiological demands of a sporting performance, which inform what characteristics an athlete should have to be successful competing at the highest level. The physiologist can measure how an athlete performs in tests designed to accurately measure these characteristics, which in turn enables the EIS practitioner to advise coaches and athletes about training and competition,	

		<p>with objectivity and individuality.</p> <p>Physiologists understand how the body responds and adapts to performing in different environments such as high heat or altitude. In a sporting context, this is important for informing preparation to compete in environmental extremes, or as a performance enhancing training stimulus.</p>	
EIS DISCIPLINE	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
Psychology (Sport and Performance)	<ul style="list-style-type: none"> <li>○ Sport psychology assessment records including personality profiles (e.g., Insights)</li> <li>○ Consent forms</li> <li>○ Intervention plans / Programmes</li> <li>○ Individual athlete performance plans</li> <li>○ Travel, camp and competition schedules, plans and strategies</li> <li>○ Competition and race day preparation strategies</li> <li>○ Email communications</li> <li>○ Photos / video footage</li> <li>○ Wellbeing data</li> <li>○ Performance Psychologists may also be given visibility of notes relating to athlete injuries and illnesses in order to inform service delivery to that athlete, but only where shared by a medical practitioner working with the athlete -</li> </ul>	<p>The aim of an EIS Psychologist is predominantly to help athletes prepare psychologically for the demands of competition and training.</p> <p>Supporting a positive mindset during training allows elite athletes to focus on making the small improvements that will give them a higher probability of winning when it comes to competition.</p>	<p>It is essential that all psychology interventions and treatments must be recorded accurately and with sufficient detail to satisfy legal requirements.</p> <p>Psychologists have a professional and legal obligation to keep an accurate record of their interaction with their patients (athletes)</p>

	medical records will by default not be shared with Performance Psychologists.		
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Performance Lifestyle	<p>Support is provided by EIS performance lifestyle practitioners at your request. They will process any personal data that you provide during the period of support. Such data could include sensitive data such as health, sexual orientation or criminal convictions.</p> <p>This data is restricted to the EIS practitioner who is supporting you and will not be shared with any other party other than a replacement practitioner or where you have explicitly consented to such sharing.</p>	<p>Performance Lifestyle is a coaching and mentoring service that seeks to develop athletes personally and professionally whilst accelerating their ability to create and manage a lifestyle that supports and prioritises performance.</p> <p>EIS performance lifestyle practitioners provide support to athletes by working to develop the necessary skills needed to cope with the unique demands of being an elite performer. They also help athletes prepare for life after sport and develop links with employers to provide career development opportunities designed to fit around training and competition demands.</p>	You will be offered Performance Lifestyle support for a period of time following your departure from the World Class Programme and your data will continue to be processed by EIS during this period.
EIS DISCIPLINE	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
Biomechanics	<ul style="list-style-type: none"> <li>○ Numerical performance data (variety of types), written test reports, video.</li> <li>○ performance data (consisting of video footage, judging, kinematic, kinetic, score based data)</li> <li>○ Video footage from competition and training with associated quantitative information relating to movement</li> </ul>	EIS biomechanists assess the movements and forces produced by the athlete. They use a wide range of tools for to quantify movements, including high speed 2D cameras, 3D motion capture systems, force platforms, inertial	

	<p>patterns, timing information and forces</p>	<p>measurement systems, speed guns, electromyography and pressure distribution systems. Traditionally assessments have been laboratory based, however the development of technology now enables detailed field based and competition capture.</p> <p>Quantifying and understanding movement can help to diagnose problems which might limit sporting potential or risk long term injury. With close athlete and coach consultation, movement technique and sporting equipment may be altered to modify movement patterns with significant impact on an athletes' performance.</p>	
EIS DISCIPLINE	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
Performance Analysis	<p>Performance analysis is primarily delivered through the provision of objective statistical (Data Analysis) and visual feedback (Video analysis).</p> <p><u>Video and photos</u></p> <ul style="list-style-type: none"> <li>○ Competition performances from local, national and international competitions</li> <li>○ Training performances</li> </ul>	<p>Performance analysis is a specialist discipline involving systematic observations to enhance performance and improve decision making.</p> <p>Broadly speaking, the purpose of processing data is to provide objective intelligence to inform and enhance performance and improve decision making. This purpose may be applicable at</p>	

	<ul style="list-style-type: none"> <li>○ Movement assessments / physical profiling (in conjunction with other relevant practitioners)</li> </ul> <p>These videos and photos can be captured from a variety of private (e.g. EIS practitioners filming) and public sources (youtube, directly from broadcasters etc.)</p> <p><u>Numerical data</u></p> <ul style="list-style-type: none"> <li>○ Athlete biographical information (age, DOB, height, weight, sport-specific information such as classification, impairment type)</li> <li>○ Athlete results (rank, score, time, distance)</li> <li>○ Competition Results (match and tournament level), ranking, and general information (date, venue etc.)</li> <li>○ Performance indicators that objectify aspects of performance and an athlete's 'contribution'. These indicators can be tactical, technical, or physical and contain both team and individual metrics. Examples can be splits, GPS data, and frequency data of actions including descriptors (shots, shot type etc.). Please note all indicators a performance analyst handles should have a clear operational definition and known errors of accuracy, reliability and validity</li> <li>○ Multi-disciplinary data to provide a 'holistic' view of an athlete's performance (e.g. mass, lab and gym</li> </ul>	<p>every stage of the performance cycle from:</p> <ul style="list-style-type: none"> <li>○ Modelling and measuring the objective demands of what it takes to win, quantifying what the best in the world look like, where our performers are, and then providing an evidential road map to improvement</li> <li>○ Supporting the training environment through targeted video and data monitoring delivered in the most relevant and pertinent way to the coach, athlete or multidisciplinary team.</li> <li>○ Delivering pre competition intelligence through objective profiles of our athletes and the opposition strengths and weaknesses and through supporting the selection process with objective data that is correct and accurate.</li> <li>○ Delivering simple and effective in competition support with the analyst focused on delivering accessible video feedback and targeted data reporting in real time to provide a performance advantage immediately.</li> <li>○ Performing a detailed post event analysis to support</li> </ul>	
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	<p>performances etc., metrics that relate to an athlete's health)</p> <ul style="list-style-type: none"> <li>○ 'Subjective comments and opinion from coaches, and significant others</li> </ul>	<p>the debrief process with the objective 'story' of what actually happened.</p>	
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Performance Nutrition	<ul style="list-style-type: none"> <li>○ Nutrition assessment – dietary intake records, body composition data, Previous medical history, relevant biochemistry data</li> <li>○ Supplement use</li> <li>○ Meal plans</li> <li>○ Consent form for supplement use</li> <li>○ Letters from medical consultants if relevant</li> <li>○ Meal photographs and meal logs</li> </ul>	<p>The EIS nutrition team aim to:</p> <ol style="list-style-type: none"> <li>1. Provide world leading Performance Nutrition Support to British Olympic sports and English National Sport.</li> <li>2. Influence more meals for more athletes.</li> <li>3. Set the standard for Performance Nutrition in the UK.</li> <li>4. Ensure the EIS is the most effective place to be a performance nutritionist.</li> </ol>	
EIS DISCIPLINE	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
Performance Innovation	<ul style="list-style-type: none"> <li>○ Athlete height, weight and performance data which is relevant to any equipment or clothing required for the athlete's sport;</li> <li>○ Athlete medical data (which will be shared with those members of the Performance Innovation team with a medical or physiotherapy background and only if you have consented and only if relevant to the performance innovation project),</li> <li>○ athlete training data including photos, video and data capture;</li> <li>○ athlete competition results.</li> </ul>	<p>The performance innovation team deliver the bespoke technology, data analysis or engineering services required for the athlete in their sport</p>	

EIS Service	TYPE OF DATA PROCESSED	PURPOSE FOR PROCESSING	ADDITIONAL INFORMATION
Sports Intelligence	Athlete medical data, athlete training data, athlete personal data, and competition results data and other data relevant to the provision of services to the NGB. Data processing will be required to deliver the service agreed with an NGB, where such an agreement is in place, or to inform and improve the services offered by EIS within the High Performance System.	The Sport Intelligence team sit across EIS and UK Sport and support the High Performance System by using data to inform decision-making. The team provide data systems and deliver data capture, storage and analysis projects for UK Sport, EIS and NGBs.	
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Athlete Health	All data held on EIS systems including medical data	<p>Unless you have requested that your data is restricted to specific individuals, appropriately qualified members of the EIS Athlete Health team will have access to injury and illness data in order to inform sports on injury prevention and management strategies and to inform, and improve the services offered by EIS within the high performance sports system.</p> <p>Your injury and illness data may be shared by the EIS Athlete Health team with medical and non-medical EIS or NGB staff unless you have requested that it be restricted to named</p>	<p>All members of the athlete health team sign additional confidentiality undertakings in respect of their access to your data.</p> <p>Where you have requested that your data is restricted to "doctors only", such data will remain accessible to the medical doctor member of the athlete health team but will not be shared with any other person and no individual athlete will be identifiable in any reports issued by the medical doctor of the EIS athlete health team.</p>

		<p>individuals (as explained above). Such data may be shared in differing formats such as electronic or document form or by live dashboards linked to injury type or availability level. Any injury and illness data which is to be shared with your NGB or within EIS may contain your personal details. Your injury and illness data would not be shared with any other party unless steps had been taken to have the data pseudonymised or EIS has received your consent to include your personal details.</p>	<p>Any other restrictions you have requested on the data will be observed by the Athlete Health team and will not be included in any athlete health reports.</p>
<b>EIS Service</b>	<b>TYPE OF DATA PROCESSED</b>	<b>PURPOSE FOR PROCESSING</b>	<b>ADDITIONAL INFORMATION</b>
Internal research	<p>The specific terms of the personal data being processed will depend on the research project at the time.</p> <p>Additional consent will be obtained for any athlete data used in a research project where the terms of reference require it ie. is not covered by this APN.</p>	<p>EIS is at the forefront of sport science, technology and medical services in elite sport, therefore each discipline will collaborate on cutting edge research and collaborations with a range of institutions and external expertise, in order to utilise leading technology and innovative techniques to offer sports and athletes continual improvement in the best strategies and approaches to enhance performance.</p>	

